



HARVARD MEDICAL SCHOOL

Register by December 15, 2019 to save \$100

Updates in General Internal Medicine for Specialists

January 27–31, 2020
Boston, Massachusetts

Fairmont Copley Plaza

Earn up to:

- 36.00 AMA PRA Category 1 Credits™
- 36.00 AAFP Prescribed credits
- 5.00 credits of Risk Management Study

Specialists can rely on this program for updates in general internal medicine that impact day-to-day practice, clinical decisions, and patient care

This program is among the highest-rated Harvard Medical School CME courses

Under the direction of
John D. Goodson, MD



MASSACHUSETTS
GENERAL HOSPITAL

Jane S. Sillman, MD



BRIGHAM HEALTH
BRIGHAM AND
WOMEN'S HOSPITAL

Updates for:

- Patient care innovations across the full range of specialties
- Critical drug-drug interactions
- State-of-the-art management strategies for diabetes, cardiovascular disease, lipid disorders, hypertension, chronic lung disease, sleep disturbances, cognitive decline, chronic pain
- Expert examination techniques: back, shoulder, complete neurologic
- Options for and value from cardiovascular interventions
- Practical approaches to disease prevention and health promotion
- Best practices for cross-specialty collaboration
- Optimal preoperative risk assessment

Register at GIMS.HMSCME.com

Reasons to Attend in 2020

► Enhance and update your knowledge of general internal medicine

Whatever your specialty, you need a working knowledge of current internal medicine practice standards, an understanding of treatments and interactions, and a familiarity with the work of your colleagues. Designed to meet the needs of the full range of specialists, *General Internal Medicine for Specialists* provides focused updates and covers a vast amount of information efficiently and effectively.

► The 2020 program provides updates for:

- Ischemic heart disease
- Antibiotic use in office practice
- Hepatitis
- Reducing fractures
- Stroke
- Chronic obstructive lung disease
- Diabetes management
- Women's health
- Anticoagulation
- Endocrinology
- The neurologic exam
- Cognitive decline
- Congestive heart failure
- Common eye problems
- Diseases of the foregut
- Preoperative evaluation
- Lower back pain
- Breast cancer
- Differential dx of polyarthritis
- Travel medicine
- IBS and IBD
- Atrial fibrillation
- Lipid management
- Dermatology
- Osteoporosis management
- Asthma
- Renal medicine
- Anemia
- Basic orthopedics
- Antiplatelet agents
- Sleep disorders
- ENT
- Managing obesity
- Headaches
- Allergy medicine
- Thyroid disorders
- Hypertension
- Cancer screening
- Non-opioid and opioid pain management

► Elevate your practice with state-of-the-art advances and recommendations

You will take home relevant, up-to-date, and evidence-based strategies to improve your patient care.

► Learn from the best clinical faculty at Harvard Medical School

Our program is led by current, expert practitioners and committed teachers, each with significant experience both in the care of patients and in peer-to-peer education.

► Gain a working knowledge of the clinical practices in other disciplines

Innovation and creativity stretch across the full breadth of medical practice. This course will inform you about the critical changes that have emerged to improve the outcomes of patient care.

► Get the cross-specialty insights needed to thrive in new value-based payment models

Value-based care requires all clinicians to be aware of the capabilities of their colleagues. This course provides these important insights.

Guest Faculty

Andrew E. Budson, MD

Professor of Neurology, Boston University School of Medicine; Chief, Cognitive and Behavioral Neurology, and Associate Chief of Staff for Education, VA Boston Healthcare System; Associate Director and Education Core Leader, Boston University Alzheimer's Disease Center

Thomas J. Gill, MD

Professor of Orthopedic Surgery, Tufts University School of Medicine; Chairman, Department of Orthopedics, Steward Healthcare Network; Director, Boston Sports Medicine and Research Institute; Medical Director, Boston Ballet

R. William Mason, MD

Associate Professor, Boston University School of Medicine; Otolaryngology, Department of Surgery, Brigham and Women's Faulkner Hospital

Harvard Medical School Faculty

Rebecca C. Burch, MD

Raymond T. Chung, MD

Gilbert H. Daniels, MD

Benjamin T. Davis, MD

Akshay S. Desai, MD

Christopher H. Fanta, MD

Robert P. Friday, MD, PhD

John D. Goodson, MD

E. Kevin Heist, MD, PhD

Galen V. Henderson, MD

Eric M. Isselbacher, MD

Scott Kinlay, MBBS, PhD

Dana Kotler, MD

Daniela Kroshinsky, MD, MPH

James A. MacLean, MD

James H. Maguire, MD

James E. Mojica, MD

David M. Nathan, MD

J. Carl Pallais, MD, MPH

Claudia U. Richter, MD

Rachel P. Rosovsky, MD

Martin A. Samuels, MD

Adam C. Schaffer, MD

Jane S. Sillman, MD

Barbara L. Smith, MD, PhD

Kyle D. Staller, MD, MPH

David J.R. Steele, MD

Sarah E. Wakeman, MD

Lisa B. Weissmann, MD

Course Overview



HARVARD
MEDICAL SCHOOL

Dear Colleague,

We understand that as a specialist, you must keep your knowledge of general medicine current, especially with clinical practice in relevant disciplines outside of your field of expertise. Whether you are a psychiatrist or pathologist, cardiologist or rheumatologist, surgeon or hospitalist, you can rely on this course for updates in general medicine that impact day-to-day practice, clinical decisions, and patient care.

We have developed the curriculum for *General Internal Medicine for Specialists* to provide broad and inclusive content from the disciplines that interface with every specialty. Our curriculum includes updates in the most prevalent conditions, reviews exciting new and innovative therapies, and addresses key clinical controversies that will impact your professional work with patients and peers. We provide updates in several areas including:

- Current guidelines and management strategies for diabetes, cardiovascular disease, lipid disorders, hypertension, chronic lung disease, sleep disturbances, cognitive decline, chronic pain
- Strategies for assessing and managing interacting comorbidities
- Potential adverse interactions between medications you prescribe and those prescribed by others
- Focused examination techniques: basic orthopedics and the neurologic examination
- Up-to-date interventional therapies in cardiology, rheumatology, gastroenterology, neurology, dermatology and more
- Inter-specialty clinical decision-making
- New evidence-based screening and prevention practices
- Breakthrough innovations with powerful patient benefit

Together with Harvard's leading clinical faculty — representing more than 30 fields of medicine — we offer an educational program expressly for specialists. Our updates succinctly and effectively summarize pertinent information and provide practical recommendations for implementation.

We invite you to join us for a productive week of learning in a distraction-free environment.

John D. Goodson, MD

Jane S. Sillman, MD



John D. Goodson, MD
Course Director

Associate Professor of Medicine,
Harvard Medical School;
Physician, Massachusetts
General Hospital;
Practitioner of and Advocate
for Primary Care



MASSACHUSETTS
GENERAL HOSPITAL



Jane S. Sillman, MD
Course Director

Assistant Professor of Medicine,
Harvard Medical School;
Director Emerita of Medical
Residency Ambulatory
Education, Brigham and
Women's Hospital



BRIGHAM HEALTH
BRIGHAM AND
WOMEN'S HOSPITAL

Learning Objectives

Upon completion of this activity, participants will be able to:

- Design more effective clinical strategies based on a refreshed understanding of the newest and most effective interventions offered by specialty colleagues.
- Recognize current disease prevention and screening guidelines.
- Anticipate and manage potential adverse effects of therapies prescribed by other specialists.
- Innovate your own clinical care based on a broader understanding of the management strategies and clinical decision-making of colleagues, including the rationale for specific modalities and medications.
- Employ treatments and interventions provided by primary care internal medicine and specialist physicians.
- Develop response strategies for critical medication interactions.
- Assess the added value of new diagnostic and screening tests.
- Discuss the basis for current treatment guidelines, diagnostic recommendations, and management strategies for diabetes, hypertension, hypercholesterolemia, ischemic heart disease, memory loss, pain, sleep disorders, stroke management, anemia, anticoagulant use and many other specific conditions.
- Assess the relative efficacy and cross-specialty implications of innovative biomodulator therapies used in a broad spectrum of specialties.
- Develop treatment plans in specific common clinical situations that cut across specialties, such as chronic pain, screening, health promotion.
- Recognize the impact of the opioid epidemic and how to participate in national efforts to address this crisis.



Educational Impact

Specialists from all disciplines can rely on this program for updates in general internal medicine that impact day-to-day practice, clinical decisions, and patient care

This course is the best I have ever attended anywhere in the world in terms of true benefit to my practice and true benefit to me personally.

I am a psychiatrist and see patients with many medical comorbidities. I now feel more comfortable talking to my patients about their medical conditions and medications and potential treatment side effects.

Every day I found something new to incorporate into my practice.

As an ophthalmologist, I will be more up to date regarding systemic disease and treatment options.

As a surgeon it is very helpful for better preoperative assessment and better postoperative management. I would strongly recommend this course to colleagues.

I have more knowledge and feel more confident with my approach to shoulder and back pain, lipid management and anemia, as well as other health problems I see within my OB/GYN practice.

I am working as a hospitalist; a lot of the topics are extremely relevant and almost every lecture will impact my current practice.

It is difficult to summarize how my practice has changed when the breadth of the material is so great, but this course was exactly what I needed.

As an ED physician, I feel more comfortable in initiating treatment for those patients without a PCP regarding HTN and initial DM management.

As an anesthesiologist, I can take what I learned from this course and apply it when assessing [patients'] suitability for surgery.

The faculty have devoted themselves to the development of both the substance of their subjects and the effective style of their presentations. The manner in which they dealt with questions was unusually on point and thorough.

Agenda

	Monday, January 27	Tuesday, January 28
7:00 am – 7:30 am	Registration and Continental Breakfast	Continental Breakfast
7:30 am – 8:00 am	Welcome, Introductions and CME Instructions John D. Goodson, MD	
8:00 am – 9:00 am	Ischemic Heart Disease Eric M. Isselbacher, MD	Update in Renal Medicine David J.R. Steele, MD
9:00 am – 10:00 am	Atrial Fibrillation E. Kevin Heist, MD, PhD	Diabetes Management David M. Nathan, MD
10:00 am – 10:15 am	<i>Morning Break (refreshments provided)</i>	
10:15 am – 11:15 am	Antibiotic Use in Office Practice Benjamin T. Davis, MD	Women's Health: Managing Menopause Jane S. Sillman, MD
11:15 am – 12:15 pm	Lipid Management Scott Kinlay, MBBS, PhD	Common Eye Problems Claudia U. Richter, MD
12:15 pm – 1:30 pm	<i>Break for Lunch**</i>	
1:30 pm – 2:30 pm	The Neurologic Exam Martin A. Samuels, MD	Common Dermatologic Problems Daniela Kroshinsky, MD, MPH
2:30 pm – 3:30 pm	Update on Congestive Heart Failure Akshay S. Desai, MD	New Anticoagulants and Antiplatelet Agents Rachel P. Rosovsky, MD
3:30 pm – 3:45 pm	<i>Afternoon Break (refreshments provided)</i>	
3:45 pm – 4:45 pm	New Practices for Managing Osteoporosis and Reducing Fractures John D. Goodson, MD	Stroke Galen V. Henderson, MD
4:45 pm – 5:45 pm	Asthma and Chronic Obstructive Lung Diseases Christopher H. Fanta, MD	Current Approaches to Anemia Lisa B. Weissmann, MD

Tuesday Evening Reception

*Be our guest
at 5:45 for a
course reception*



* Meets criteria for Risk Management credit in Massachusetts

**There are many convenient and varied lunch options within a short walking distance of the course.

Program changes/substitutions may be made without notice. To view the most up-to-date version of the course program, please visit the course website.

This course sold out in 2019. Early registration to the 2020 program is strongly advised.

Agenda

	Wednesday, January 29	Thursday, January 30
7:00 am – 8:00 am	Continental Breakfast	Continental Breakfast
8:00 am – 9:00 am	Travel Medicine James H. Maguire, MD	Modern Doctoring: Disease Prevention and Health Promotion* John D. Goodson, MD
9:00 am – 10:00 am	Cognitive Decline Andrew E. Budson, MD	Case Studies in Endocrinology J. Carl Pallais, MD, MPH
10:00 am – 10:15 am	<i>Morning Break (refreshments provided)</i>	
10:15 am – 11:15 am	ENT in 2020 R. William Mason, MD	Breast Cancer: Current Approaches to Diagnosis and Treatment Barbara L. Smith, MD, PhD
11:15 am – 12:15 pm	Updates in Addressing Headaches* Rebecca C. Burch, MD	Infectious and Metabolic Hepatitis Raymond T. Chung, MD
12:15 pm – 1:30 pm	<i>Break for Lunch**</i>	
1:30 pm – 2:30 pm	Diseases of the Foregut Kyle D. Staller, MD, MPH	Updates in Cancer Screening* John D. Goodson, MD
2:30 pm – 3:30 pm	Managing Obesity Jane S. Sillman, MD	Basic Orthopedics: Shoulder and Arm Thomas J. Gill, MD
3:30 pm – 3:45 pm	<i>Afternoon Break (refreshments provided)</i>	
3:45 pm – 4:45 pm	Preoperative Evaluation Adam C. Schaffer, MD	Allergy Medicine in 2020 James A. MacLean, MD
4:45 pm – 5:45 pm	Overview of Sleep Medicine James E. Mojica, MD	Differential Dx of Polyarthritits Robert P. Friday, MD, PhD

ACCREDITATION

ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 36.00 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

AMERICAN ACADEMY OF FAMILY PHYSICIANS

This Live activity, Updates in General Internal Medicine for Specialists, with a beginning date of 01/27/2020, has been reviewed and is acceptable for up to 36.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

RISK MANAGEMENT

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 5.00 credits of Risk Management Study. This includes 2.00 credits of Opioid Education and Pain Management Training. Please check your individual state licensing board requirements before claiming these credits.

NURSE PRACTITIONERS and REGISTERED NURSES

For the purpose of recertification, the American Academy of Nurse Practitioners Certification Board and American Nurses Credentialing Center accept *AMA PRA Category 1 Credit*[™] issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education). We would also suggest that learners check with their state licensing board to ensure they accept reciprocity with *AMA PRA Category 1 Credit*[™] for re-licensure.

PHYSICIAN ASSISTANTS

The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits*[™] are acceptable for continuing medical education requirements for recertification. We would also suggest that learners check with their state licensing board to ensure they accept reciprocity with *AMA PRA Category 1 Credit*[™] for re-licensure.

EUROPEAN AND CANADIAN ACCREDITATIONS

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert *AMA PRA Category 1 Credit*[™] to an equivalent number of European CME Credits[®] (ECMECs[®]). Information on the process of converting *AMA PRA Category 1 Credits*[™] to ECMECs[®] can be found at: www.eaccme.eu.

Agenda

	Friday, January 31	WHO SHOULD ATTEND
7:00 am – 8:00 am	Continental Breakfast	<ul style="list-style-type: none">• Physicians• Surgeons• Nurse Practitioners• Advanced Practice Nurses• Physician Assistants
8:00 am – 9:00 am	Case Studies of Common Thyroid Problems Gilbert H. Daniels, MD	
9:00 am – 10:00 am	Management of Hypertension: Updates for Specialists John D. Goodson, MD	
10:00 am – 10:15 am	<i>Morning Break (refreshments provided)</i>	
10:15 am – 11:15 am	Non-Opioid and Opioid Pain Management* Sarah E. Wakeman, MD	
11:15 am – 12:15 pm	Lower Back Pain* Dana Kotler, MD	
12:15 pm – 1:30 pm	Course Concludes	



VENUE

Fairmont Copley Plaza
138 St. James Avenue • Boston, Massachusetts 02116 • 617-267-5300

ACCOMMODATIONS

Fairmont Copley Plaza has reserved a block of discounted rooms for course participants.

Important to note:

- The number of discounted rooms is limited
- Discounted rooms are available on a first-come, first-served basis
- The discounted room rate is only available until January 1, 2020, or until the block sells out, which typically happens well in advance of this date

To reserve your room:

- **Online:** To reserve your room online, please go to the Venue page of the course website at GIMS.HMSCME.com/ Venue and click on the dedicated reservation link.
- **By phone:** If you are calling the hotel rather than using the dedicated link to request a discounted room, please call 1-800-441-1414 and be sure to specify that you are enrolled in General Internal Medicine for Specialists.

Register at GIMS.HMSCME.com



HARVARD MEDICAL SCHOOL

Registration Information

Updates in
**General Internal Medicine
for Specialists 2020**
(Course #732253-2002)

	Tuition	Register on or before December 15, 2019
Physicians	\$1,795	\$1,695 (SAVE \$100)
Allied Health Professionals and Residents/Fellows	\$1,695	\$1,595 (SAVE \$100)

Tuition includes continental breakfast, morning and afternoon refreshments, and a special reception on Tuesday evening, January 28.

Course materials: All attendees of Updates in General Internal Medicine for Specialists 2020 will receive a flash drive containing course materials. If you would like a printed copy of these materials, you can purchase them in advance for \$50 with your course registration. A very limited supply will be available on site at the course for \$90.

REGISTRATION, PAYMENT, CONFIRMATION AND REFUND POLICY

Registrations for Harvard Medical School CME programs are made via our secure online registration system. To register for this course, please visit the course website at GIMS.HMSCME.com.

At the end of the registration process, a \$10 non-refundable processing fee will be added to your registration, and you will have the choice of paying by check, credit card (Visa, MasterCard, or American Express), or wire transfer in USD. If you are paying by check (draft on a United States bank) or by wire transfer, the online registration system will provide you with instructions for remitting your course fees. Postal, telephone, fax, and cash-payment registrations are not accepted. All fees shown in USD.

Upon receipt of your paid registration, an email confirmation will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate. **Please do not make non-refundable travel arrangements until you have received an email from our office confirming your paid registration.** Refunds, less an administrative fee of \$75, will be issued for all cancellations received two weeks prior to the start of the course. Refund requests must be received by email. No refund will be issued should cancellation occur less than two weeks prior. "No shows" are subject to the full course fee and no refunds will be issued once the course has started.

QUESTIONS?

Call 617-384-8600 Monday-Friday 9am – 5pm (ET) or e-mail CEPrograms@hms.harvard.edu.

Register at GIMS.HMSCME.com